



Point and Say

Point to something interesting, then add a simple word.

Helps Your Child Grow



Communicating and Speaking

Responding to your child's point and modeling a point with a simple word gives them repeated experience combining gesture and speech in a back-and-forth exchange.

Steps

- Your child may point either to request something or to show you what they notice. Help them add a simple sound or word to the gesture.
- On a walk, they might point excitedly at a sparrow. Follow the point and ask, "What did you find?"
- Once you understand, model a clearer message while pointing too: "Look - a bird!"
- Wait to see whether your child copies the gesture and sound. A word, part of a word, or an "ah" can all be a turn in the exchange. Respond to the attempt: "You're telling me about the bird. I see it!"
- Across repeated moments, your child can experience that pointing and speaking together makes it easier for you to understand what they want to share.

Tips

- After your model, your child may say "look," "bird," or only a new sound. Acknowledge any attempt right away: "Yes - you're telling me!"
- If they do not try immediately, keep modeling naturally on later walks and give them time.

Observations

- Points while saying "look," "bird," or a similar sound
- Excitedly draws your attention to a bird they notice