



Little Eyes, Look Over Here

Turn your hand into a little duck that says hello, plays peekaboo, and flies high. Small changes invite your baby to watch, search, and reach through an engaging game.

Helps Your Child Grow



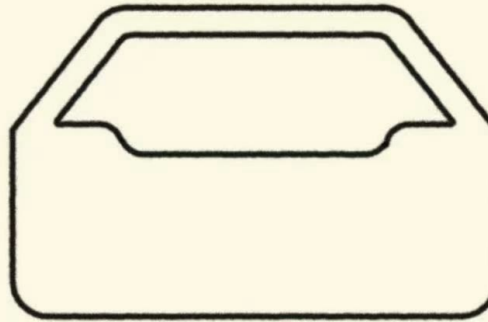
Cognitive Self-Regulation (Executive Functioning)

A responsive interaction that changes with your baby's attention gives them practice staying engaged with your support.



Fine Motor

Watching and reaching for the hand-shaped duck gives your baby practice coordinating what their eyes see with how their hands move.



No materials needed

What You'll Need

No materials needed.



The Duckling Says Hello

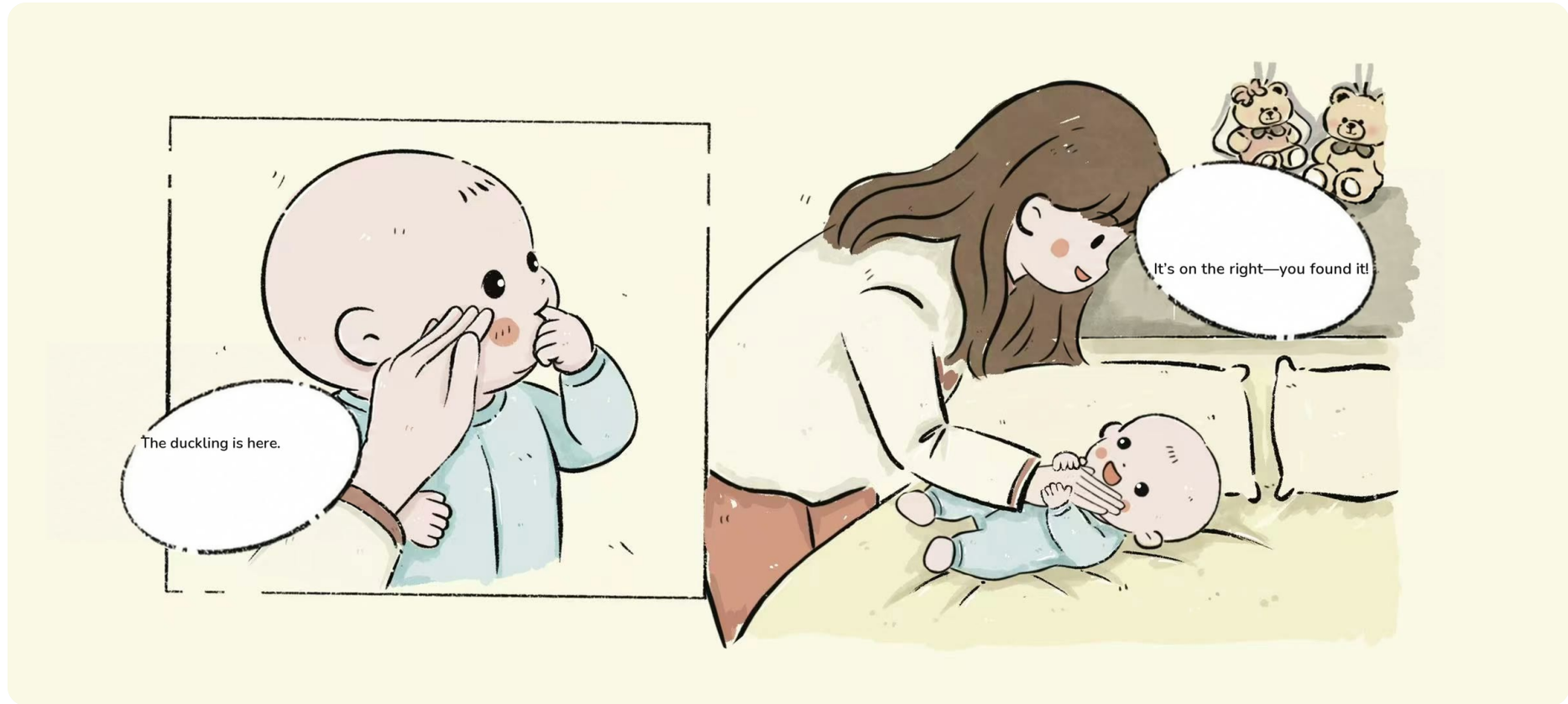
Let your baby lie on the bed. Shape one hand like a little duck and move it gently within their view. When your baby looks, make the duck greet them with large, rhythmic movements and see whether they reach toward it.

Observations

- Watches the hand-shaped duck for several moments
- Turns toward you after hearing your voice

Tips

- Adjust the duck to your baby's response. If they watch without reaching, slow down and pause. If they become excited, move a little faster or change its position.
- Your enthusiasm is part of the game. An animated voice and warm expression can invite your baby to keep playing with you.



The Duckling Plays Peekaboo

If your baby's attention drifts, let the duck gently peck their cheek so they can find it again. Once they rejoin the game, move the duck from one side to the other and give your baby time to turn and search for it.

Observations

- Turns their head from left to right while watching the duck
- Watches your hand and reaches toward the duck

Tips

- As your baby turns and follows the duck with their eyes, talk with them and celebrate: "You found it!"
- Turning from side to side supports skills related to #PMP-GrM as your baby practices controlling their head and neck.
- If your baby stays interested, continue the duck game and make small changes in response to what they do.



The Duckling Flies High

When your baby becomes deeply involved, add another change. Lift the duck higher, then lower it, and invite your baby to watch and search. Celebrate together when they catch it again.

Observations

- Keeps watching as the duck changes position
- Smiles, kicks, or shows excitement during the game

Tips

- Your smile and voice are meaningful encouragement while your baby concentrates on the game.
- At four months, your baby may reach toward something interesting even when the movement is not yet accurate. This is an important step in skills related to #PMP-FiM.
- Repeating one movement for too long can lose your baby's attention. A small change can help the game stay engaging.