



Little Secret Agent

Stretch yarn across a doorway like pretend laser beams, then duck, step, and twist through without touching them.

Helps Your Child Grow



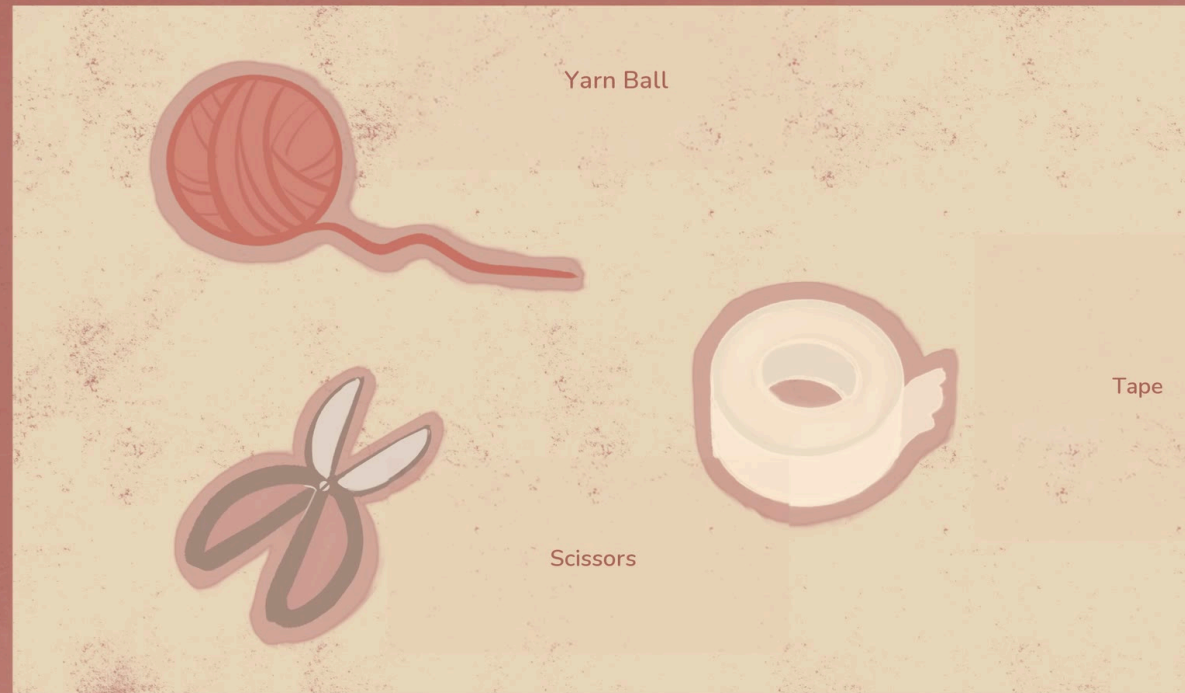
Gross Motor

Moving through the pretend laser maze asks your child to coordinate body parts and control whole-body movements.



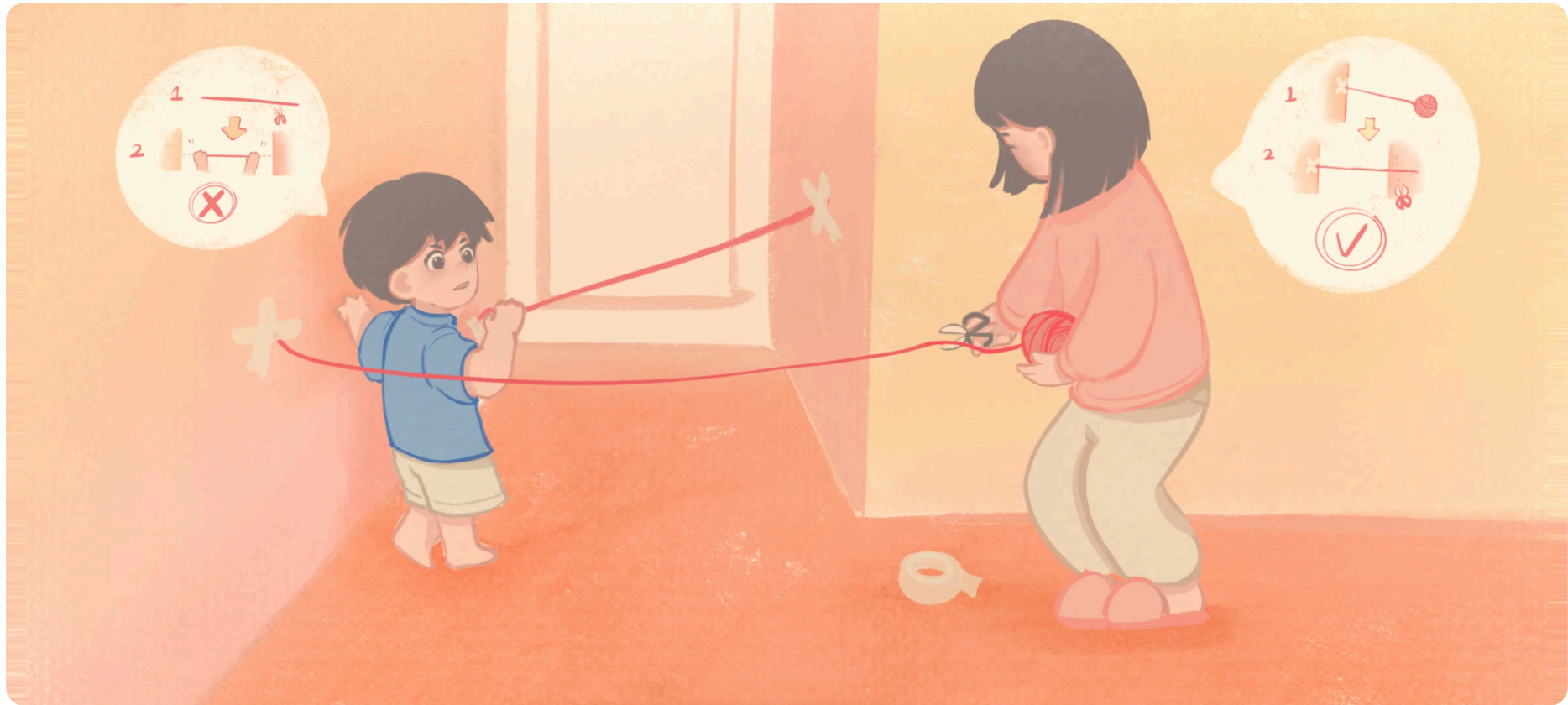
Cognitive Self-Regulation (Executive Functioning)

The playful secret-agent mission gives your child a clear reason to focus and work through a physical challenge.



What You'll Need

1. A ball of yarn
2. removable tape
3. scissors



Build the Laser Maze

Stretch yarn between two walls at different heights and angles to create a pretend laser maze. Invite your child to help tape the yarn in place and build the secret-agent challenge with you.

Observations

- Tapes one end of the yarn to the wall
- Copies you measuring the distance between two walls with yarn

Tips

- Use removable tape for easier setup and cleanup. Ribbon can replace yarn.
- Set the yarn at heights that give your child an achievable but interesting movement challenge.
- Use a length of yarn to measure the distance between the two walls before you begin.



Cross the Laser Maze

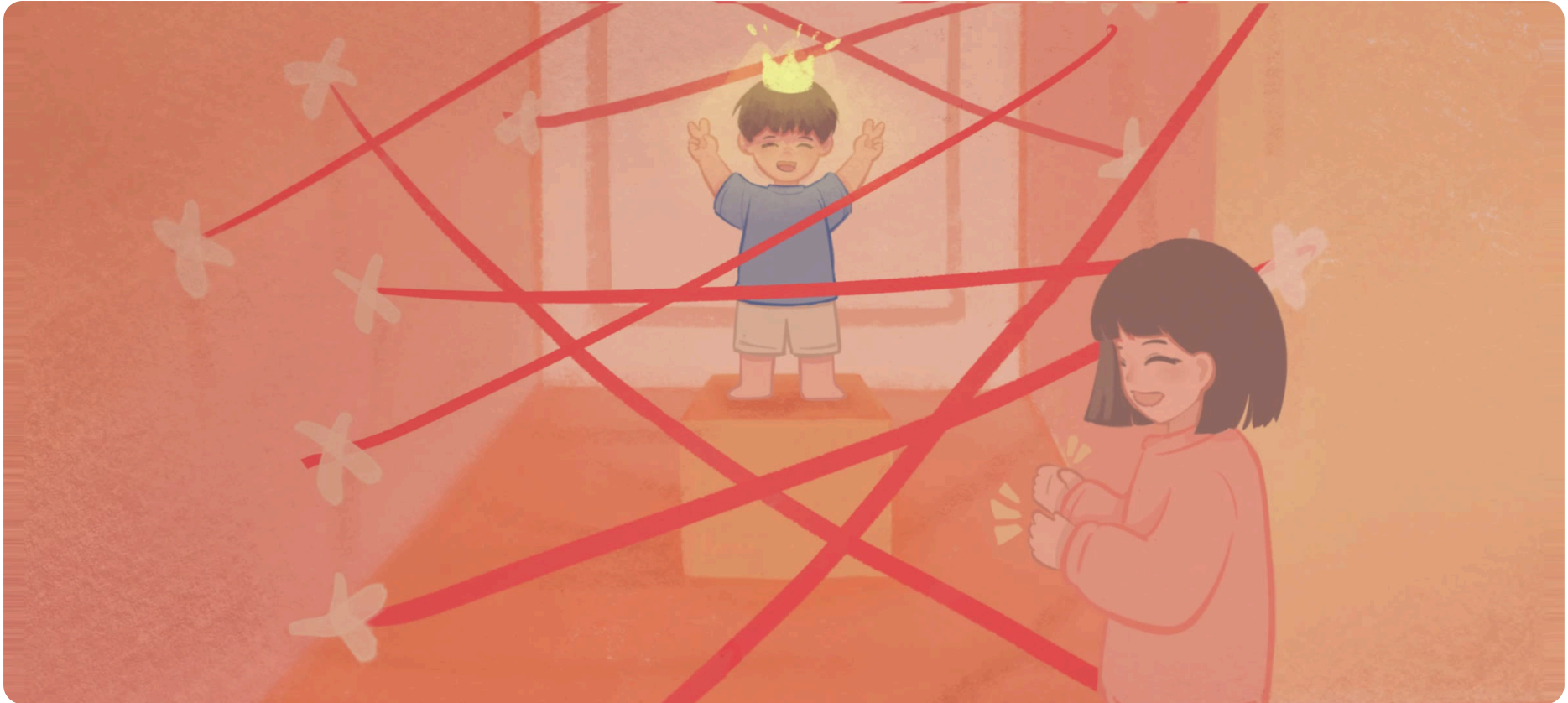
Step over, duck under, and turn around the pretend laser beams. If your body touches the yarn, return to the start and try another way through.

Observations

- Bends down and tries to crawl under the yarn overhead
- Stops or restarts after touching the yarn, following the game rule

Tips

- After a missed attempt, encourage your child: "Try again - you can do it!"
- You can replace the tower with any motivating finish-line object.



Ace Secret Agent

Mission accomplished! Invite your child to choose different body positions and take on the maze again.

Observations

- Focuses and moves carefully through the pretend laser beams
- Adjusts their body position in response to where the yarn is

Tips

- Join the game to add another playful challenger.
- Offer a new challenge: “That one was easy for you. Choose a different move and make it through again!”