



Make a Sound Rhythm

Follow the music and find out the repeated beat hidden in the melody.

Helps Your Child Grow



Operations and Algebraic Thinking

Listening for and following a steady, repeating beat helps your child notice a pattern in music.



Relationships with Adults

Playing in a parent-child band gives your child an enjoyable experience of coordinating with you.

Steps

- Sit at a table with a handbell or shaker. Play a piece of music with a clear, moderate beat and choose a short section whose rhythm repeats.
- Begin by tapping the table steadily with the beat: “tap - tap - tap - tap.” This makes the repeated pulse easier to feel.
- If your child cannot hear the beat yet, lower the music, demonstrate several times, then gently guide their hands through the tapping pattern.
- Once the pulse is familiar, show other ways to express it, such as stomping or shaking the bell.
- Give your child time to choose a movement or invent one. Keep tapping the beat beside them so the two of you become a family band.

Tips

- The movements do not need to match perfectly. Focus on helping your child listen for and follow the steady, repeating beat.
- If your child is interested, invite them to change the movement or try a new rhythm pattern, such as “tap-tap-tap” or “tap - pause - tap-tap,” then perform it with the music.

Observations

- Represents the rhythm they heard in their own way
- Plays music together with you