Act Out a Picture Book

Pair expressive voices with actions to bring a picture book to life.

Helps Your Child Grow



Emergent Literacy

Changing your voice and movements to perform the pictures makes the book easier for your baby to follow and enjoy.

Steps

- Choose a picture book with large images and strong color contrast. Lay your baby on their back, sit beside them, and hold the book where they can see it.
- Open to the first page and use different voices for the characters. For example, use a deep voice to say, “Here’s a big, chubby bear.” Watch how your baby responds.
- If your baby looks at the picture, makes a sound, or looks toward you, add an action - such as giving them a gentle bear hug.
- If your baby shows little reaction, gently stroke their head and keep reading.
- Hearing your voice and seeing the pictures while you stay close can make reading together feel warm and familiar.

Tips

- Read together at a regular time each day - such as after waking or before bed - to help the routine become familiar.

Observations

- ○ Looks at the picture book when the story interests them
- ○ Relaxes or responds happily when you give them a gentle hug during the story