



Socks in the Hamper

Let your child send their socks to the laundry hamper.

Helps Your Child Grow



Sense of Identity and Belonging

Contributing a real, manageable part of the laundry routine gives your child experience being helpful and needed at home.



Attending and Understanding

Hearing a short direction with a gesture and carrying it out helps your child connect familiar object and action words with what they do.

Steps

- Your child enjoys copying everyday actions. Invite them into simple, real chores such as putting away trash or wiping a table.
- When you place clothes in the hamper after undressing, your child may watch and want to copy you.
- Leave one small sock for your child and say, "Put the sock in." Give them time to carry or toss it to the hamper.
- Respond to the completed action: "The sock went in. You helped with the laundry!"
- Offer another washable item. You can also roll a pair of socks into a soft ball and take turns tossing it into the hamper like a basket.
- Small contributions such as these can gradually become familiar parts of the family routine.

Tips

- Give your child a genuine part of the task instead of a pretend job. Even carrying one sock or placing one small item makes a visible contribution.

Observations

- ☐ Puts a removed sock in the laundry hamper without being prompted
- ☐ Puts the sock in after hearing, "Put the sock in"