



My Name Card

Make a name card and begin recognizing your own name.

Helps Your Child Grow



Print and Alphabet Knowledge

Making, displaying, seeing, and saying their own name card helps your child become familiar with the printed form of their name.



Fine Motor

Copying their name from a model gives your child practice coordinating visual attention with controlled pencil movements.

Steps

- Children often become interested in the print in their own name first. Make several name cards together.
- Write your child's name clearly on small pieces of paper, saying each letter as you form it so they can hear and see the sequence.
- Read the finished name together and invite your child to copy any letters they want beside it.
- Make a card with your own name at the same time.
- Place your child's cards on familiar belongings such as a cup or backpack, and put your card on items that belong to you.
- When the labeled items go to preschool or are used at home, point out the familiar name so its printed form becomes easier to recognize.

Tips

- As your child places a name card, invite them to say what it labels: "This is my cup." This helps them understand what a written name card is for.

Observations

- ☐ Recognizes their own name on a name card
- ☐ Picks up a pencil and tries to write their name