



A Special Coupon for Mom

Turn things Mom enjoys into coupons your family can make come true.

Helps Your Child Grow



Sense of Identity and Belonging

Remembering what Mom enjoys and helping make a wish happen gives your child a concrete way to notice and contribute to family life.



Writing

Drawing a coupon for a specific promise helps your child use pictures and simple symbols to communicate an intended meaning.

Steps

- Before Mother's Day, gather small pieces of cardstock and markers and invite your child to make special wish coupons for Mom.
- Explain that when Mom uses a coupon, you and your child will make the wish on it happen.
- Ask, "When does Mom seem happiest? What does she enjoy doing?" Give your child time to share what they have noticed.
- Choose a few ideas and turn each one into a coupon.
- If your child thinks Mom enjoys a bubble bath, for example, make a Bubble-Bath Time coupon. When she uses it, you can prepare the bath and a small snack so she can relax.
- Let your child draw a picture on each coupon while you add a short description of what the coupon promises.

Tips

- Make a few blank coupons so Mom can write down wishes of her own.
- Your child's first ideas may be broad. Help them turn each idea into one specific promise that the family can realistically keep.

Observations

- ☐ Names one or two things that Mom enjoys doing
- ☐ Draws something related to the wish, such as round bubbles