



Mom Is Calling Me

Call your baby's name and give them time to notice your voice.

Helps Your Child Grow



Attending and Understanding

Hearing Mom call and experiencing a warm response helps your baby notice that the familiar voice and words are directed toward them.

Steps

- Your baby is becoming more alert to sounds, especially your voice.
- Lay your baby on their back and softly call their name from one side. Pause to see whether they notice.
- If there is no response, call again or change your tone: "Baby, do you hear Mom?"
- When your baby turns toward you, answer right away: "You heard Mom calling. You found me!"
- Move to another spot as if you are playing peekaboo and call, "Baby, look at Mom!"
- When your baby looks again, smile and respond: "Yes, Mom is calling you. Shall we play?"
- Once the game is familiar, keep changing positions and calling softly so your baby can find your voice again.

Tips

- No special schedule is needed. Play naturally during a diaper change, after a bath, or before bed so your baby gradually connects Mom's voice with being called.

Observations

- ☐ Turns to look at you when you call them
- ☐ Looks at you attentively while you speak