



Move with Music

Move your baby's hands and feet to the beat, changing the motion as the music changes so your baby can enjoy rhythm and closeness with you.

Helps Your Child Grow



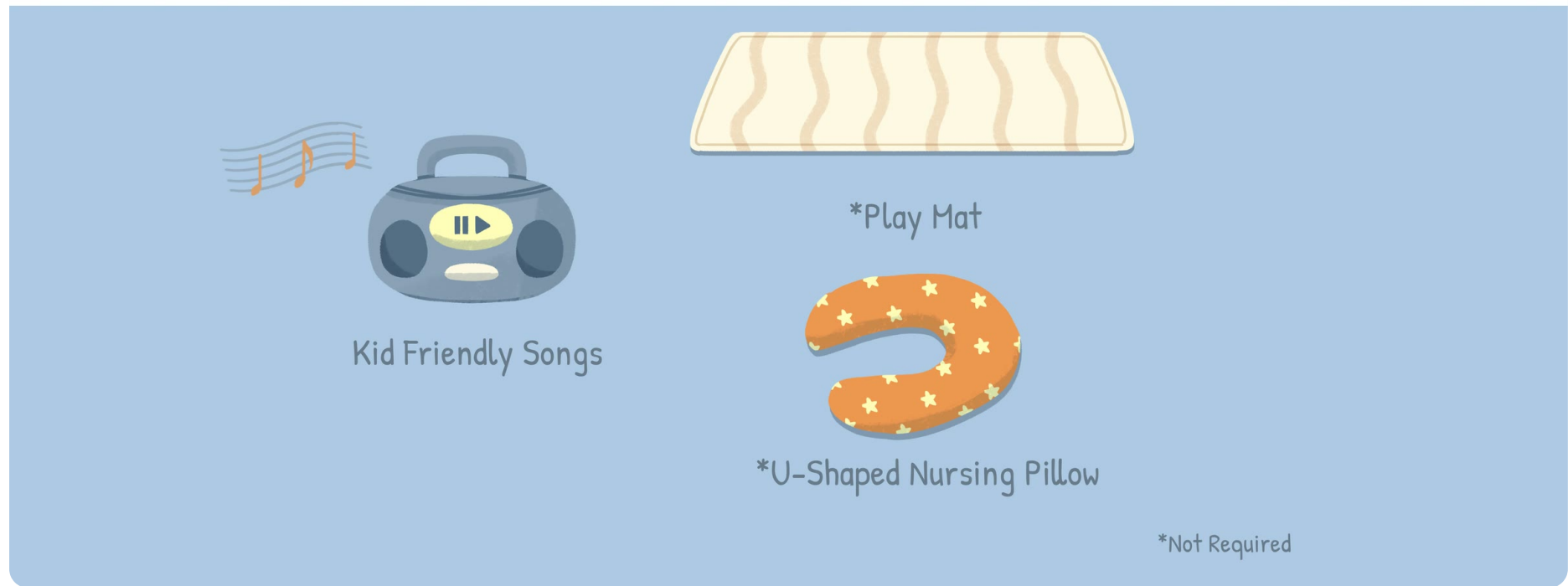
Perception

Moving in different ways with the music helps your baby notice changes in rhythm and begin connecting sound with movement.



Emergent Literacy

Pairing movements with rhymes and repeated lyrics draws your baby's attention to sound patterns.



What You'll Need

1. A song familiar to your baby
2. play mat
3. U-shaped support pillow



Here Comes the Music

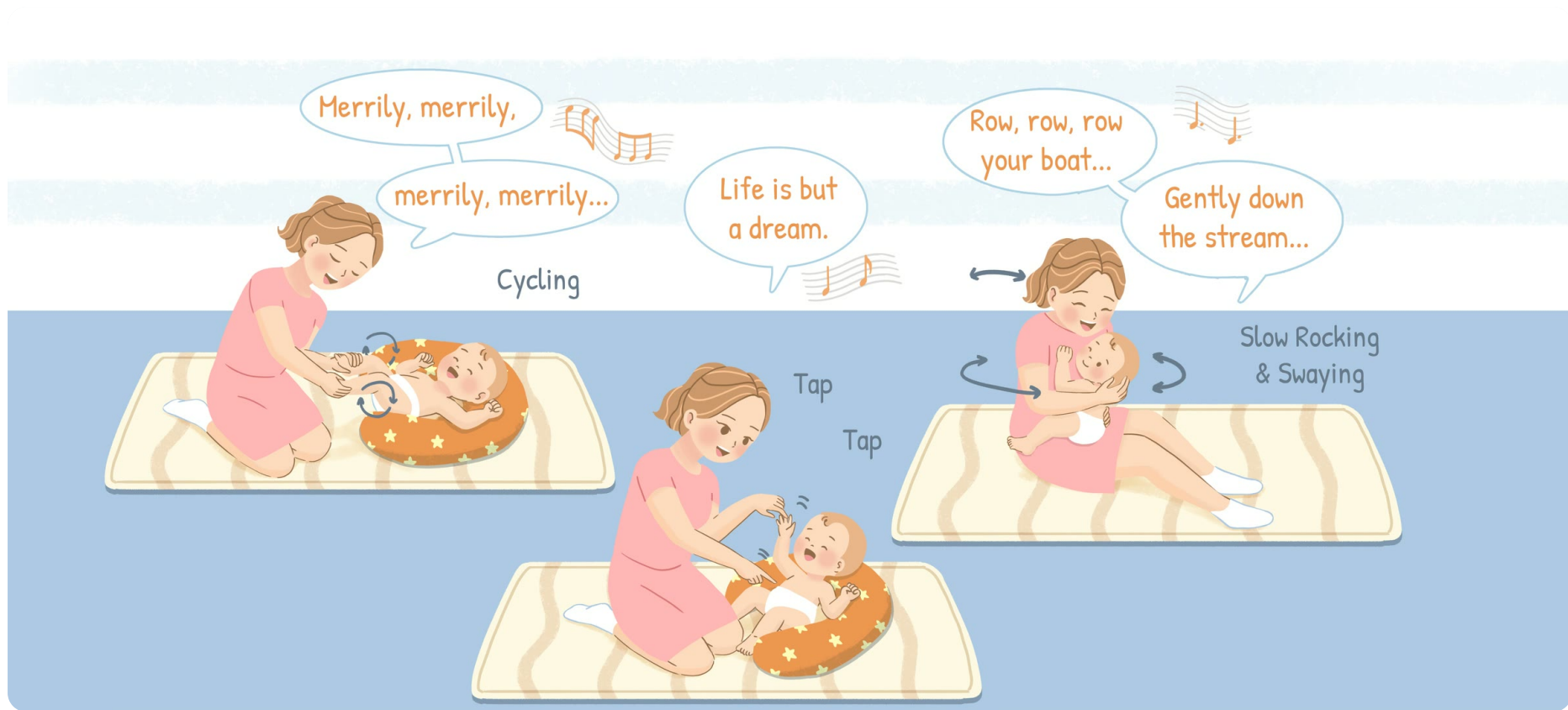
When a familiar song starts, clap, hum softly, or gently pat your baby to bring their attention to the music. Slow, steady movements help your baby feel the rhythm.

Observations

- ☐ Moves with you to the rhythm
- ☐ Looks closely at you while you play together

Tips

- Use your fingers to “walk” along your baby’s back like tiny little people to catch their attention.
- Gently touch or pat your baby to the beat so they can hear the music and feel the touch at the same time, helping them connect sounds with sensations.



Change the Moves

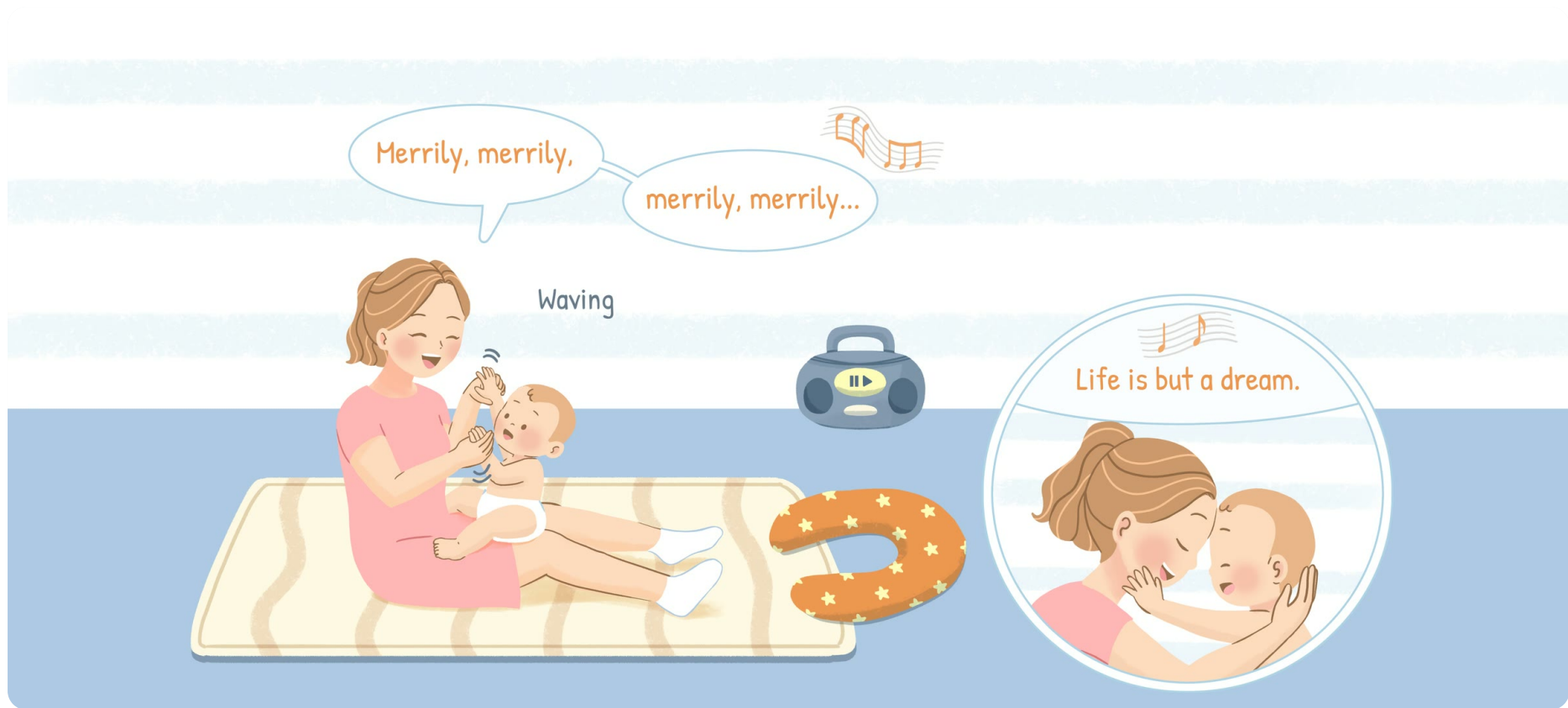
As you play, change the pace with the melody or switch movements to match the words. Watch your baby's response. If they especially enjoy one movement, repeat it and keep playing a little longer.

Observations

- Enjoys listening and moving to music with you
- Moves in different ways with the music and feels the rhythm

Tips

- When the song repeats, use the same actions each time. This helps your baby notice repeated sounds, rhymes, and patterns in the song.
- Pair different sounds or lyrics with different movements. Sway side to side for a gentle melody; give soft pats for a lively one.
- A variety of movements invites your baby to join in and feel your warm, close attention.



Music Stops - Hug Time

When the music slowly comes to an end, finish the song with a warm cuddle. With repeated practice, your baby may begin to respond to familiar rhythms and parts of the song.

Observations

- Makes sounds when you sing the rhyming part
- Relaxes into your arms

Tips

- If your baby seems to love the song, play it again so they can keep joining in.
- Use the same song and movements regularly. Little by little, your baby will become more familiar with the rhyming parts.
- Bring songs into everyday routines and sing with your baby often. They may not respond right away, but with repetition they may gradually join in.