

Notice Feelings at the Park

While watching other children at the park, notice who catches your baby's attention. Connect the child's expression and actions with what just happened.

Helps Your Child Grow



Emotional Functioning

Hearing you connect another child's actions, situation, and expression gives your baby early experience noticing how another person may feel.



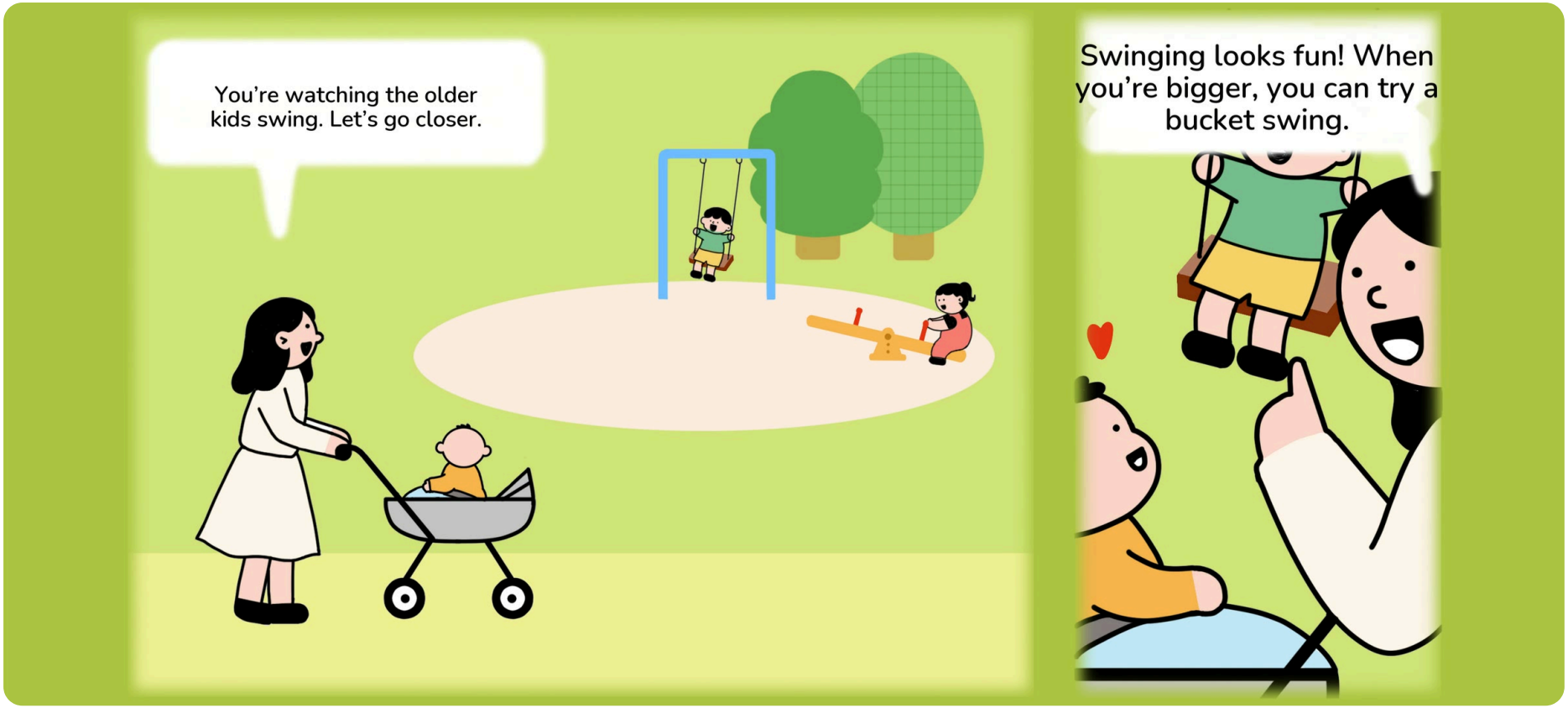
Attending and Understanding

Listening to simple explanations about changing emotions gives your baby meaningful language connected with a real event.



What You'll Need

1. A stroller



Notice a Happy Moment

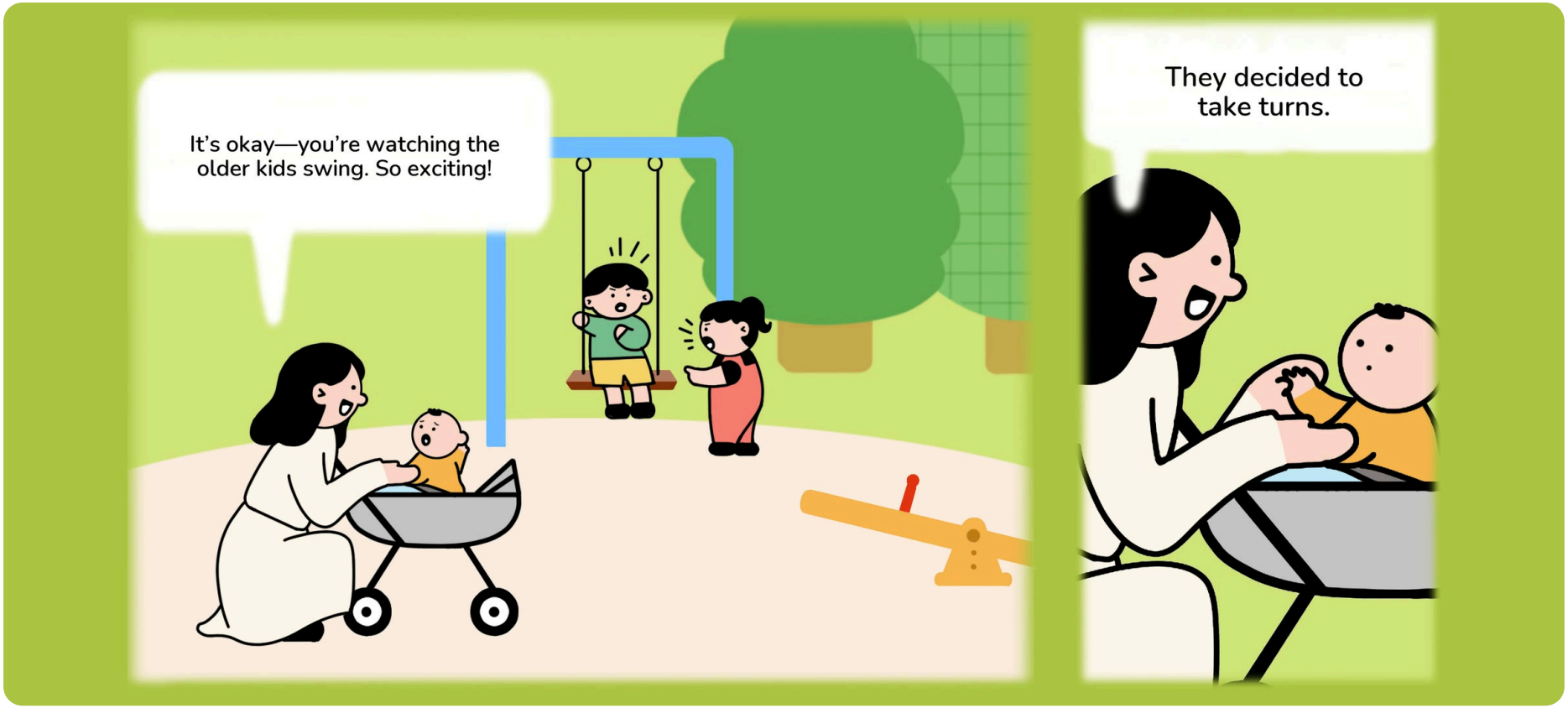
Walk near a play area and give your baby time to watch other children. Follow their gaze and describe one child's face and action.

Observations

- ◯ Turns toward the sound of another child laughing
- ◯ Watches other children playing with curiosity

Tips

- Connect what you see: "He's swinging so high, and he has a big smile. He looks happy."
- If your baby has not noticed the expression, gently point it out without demanding a response.



What Happened?

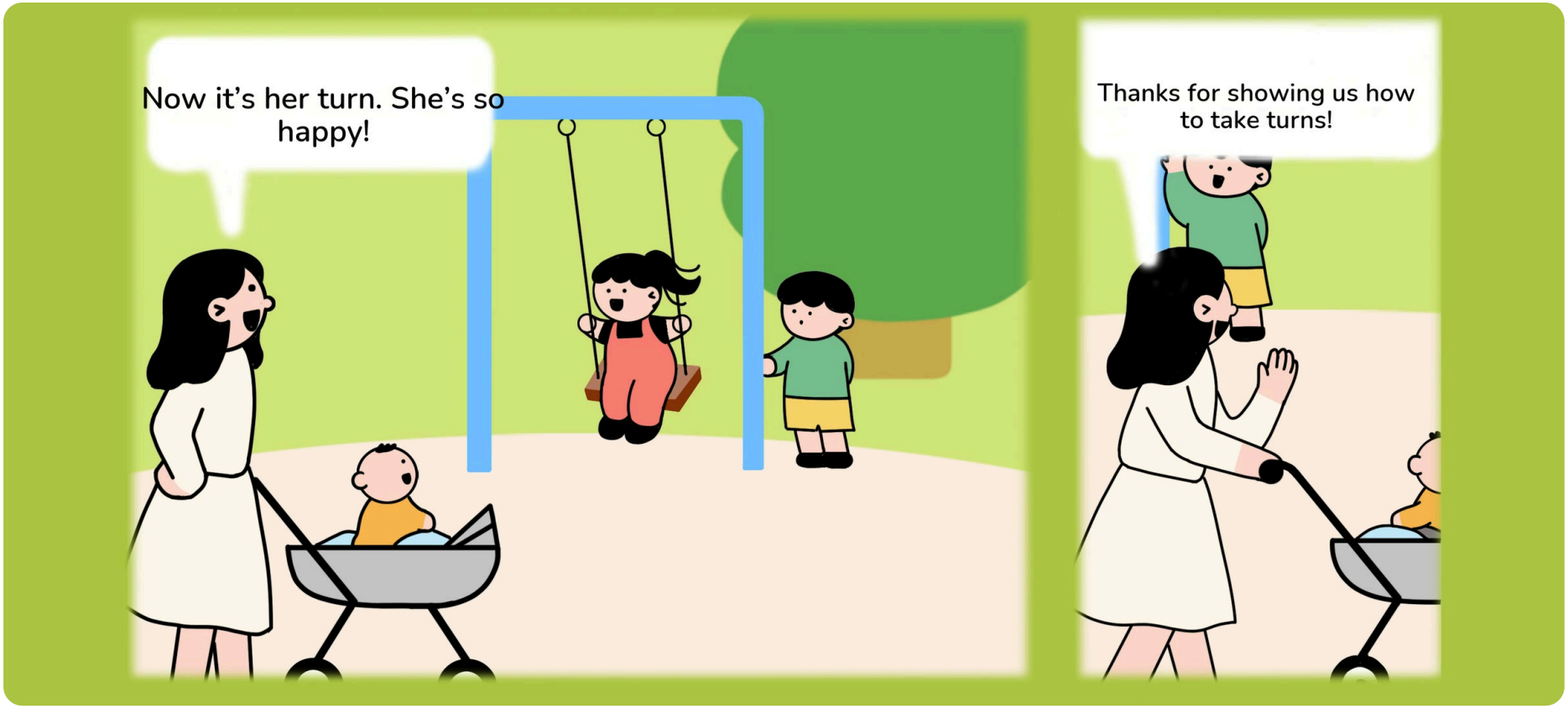
If children nearby have a disagreement, watch from an appropriate distance. When your baby looks puzzled or turns toward you, explain the visible action and feeling in simple words.

Observations

- ◯ Looks uneasy and turns toward an argument
- ◯ Looks toward the children while you explain what they are doing

Tips

- Choose a distance where your baby can see while remaining comfortable and out of the interaction.
- If raised voices frighten your baby, stop watching, hold them close, or move to a quieter place.



Watch What Happens Next

If your baby keeps watching, stay a little longer and describe how the children's expressions and actions change. Follow your baby's response, and approach for a friendly hello only when the moment is calm and appropriate.

Observations

- ○ Looks at you while listening to your explanation of the disagreement
- ○ Shows that they want to continue walking through the park with you

Tips

- Attention may shift quickly from the children to something else that is interesting.
- In everyday life, a pause to watch someone can be an opportunity to describe what is happening.
- If your baby wants contact but does not know how to begin, join them in a small friendly action, such as offering a toy.