



Everyone Has Their Own Strengths

Notice that everyone has something special to offer.

Helps Your Child Grow



Relationships with Other Children

Expressing pride while also noticing another person's strengths gives your child practice considering someone else's feelings during a peer interaction.

Steps

- Sometimes a confident child may boast or feel they always need to win. You can help them value their own progress while also noticing other people's strengths.
- Use less comparison and more specific encouragement. Help your child feel proud of improving, not only of being better than someone else.
- While drawing, look at several pictures together: "Your animal looks very lifelike, and Maya chose beautiful colors."
- While building, shift the conversation from who built best to how each structure is different: "Everyone built it in their own way. There are lots of creative ideas here."
- If another child cries after losing a game, talk about the effort they made and how they may feel.
- Model the same respect yourself by speaking warmly about other people's work and feelings.

Tips

- Comparison is not limited to saying, "They drew better than you." Even praise such as "You did better than Dad" turns the moment into a comparison. Notice these everyday phrases and focus instead on what your child tried, noticed, or enjoyed.

Observations

- Begins noticing another person's strength, such as "She chose beautiful colors"
- Describes another person's creation, such as "They built a big dinosaur with lots of blocks"