



Change Up the Crib Mobile

Change the objects on a crib mobile from time to time. As your baby looks, listens, and touches, describe what they notice and let each new sensation become part of their experience.

Helps Your Child Grow



Perception

Looking at, listening to, and touching objects with different colors, sounds, shapes, and textures helps your baby notice sensory differences.



Initiative and Curiosity

A changing mix of familiar and new objects invites your baby to look again, reach again, and explore what is different.



What You'll Need



Crib mobile and replacement toys

What You'll Need

1. A crib mobile
2. interchangeable objects



Try Something New

Many familiar household objects can become interesting additions to a crib mobile. Hang one kind at a time, then replace it after a few days. Each change gives your baby something new to look at, listen to, or touch.

Observations

- Listens as you introduce the new crib mobile and looks at it with you
- Watches the balloons sway gently on the crib mobile

Tips

- Feature one kind of sensory experience at a time. You might use bright objects for a few days, then switch to objects that make a sound.
- Choose objects for a clear quality: bright colors for looking, gentle sounds for listening, or soft textures for touching.
- As you add a new object, introduce it to your baby in a few simple words.



Explore a Hanging Balloon

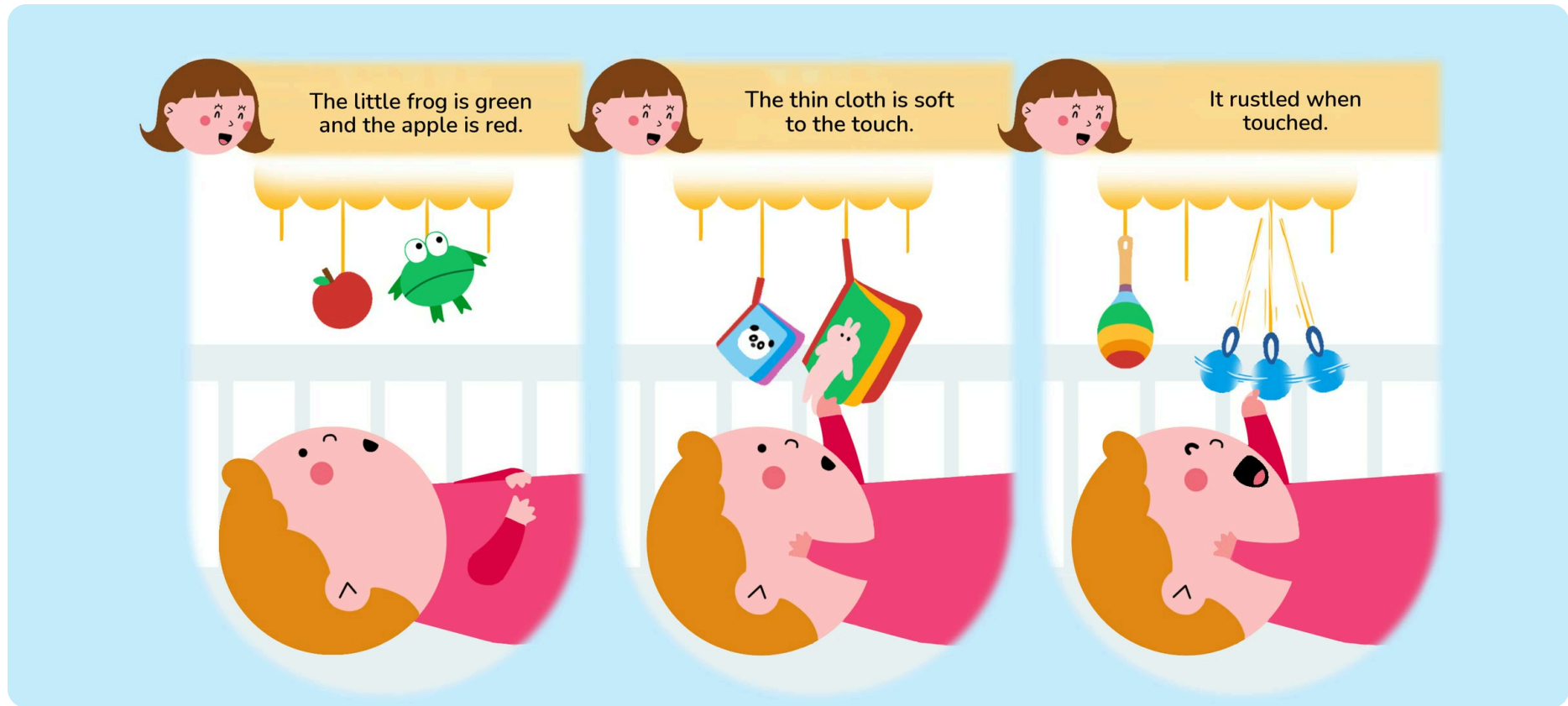
Hang one object on the mobile, such as a long balloon. When your baby watches or reaches for it, describe what they are doing and feeling. Once the object is familiar, show another way to interact with it and see what your baby tries next.

Observations

- Reaches out, grasps the balloon tail, and shakes it
- Giggles at the balloon's squeaking sound

Tips

- Follow your baby's interest instead of demonstrating everything at once. If they are looking, talk about color. If they are touching, talk about texture.
- Use only a few hanging objects at a time so your baby can look at each one closely.
- Try a different interaction with each object. Brush a ribbon gently across your baby's cheek, or tap a hanging shaker first so your baby hears the sound.



Different Objects, Different Experiences

Each kind of hanging object offers a different sensory experience. Watch how your baby responds and describe one clear feature of the object. As their interest grows, pause and let them lead more of the exploration.

Observations

- Explores the crib-mobile objects by looking, touching, and listening
- Responds to your words with a sound, creating a brief back-and-forth exchange

Tips

- Think of yourself as a narrator: put your baby's experience into simple words while they explore.
- Describe what is easiest to notice: color or shape for something they can see, texture for something they can feel, and sound for something they can hear.
- Focus on one noticeable sensation at a time. You do not need to describe everything.
- Turn the interaction into a tiny conversation. If your baby says "Ah," echo "Ah." If they move again, respond with another short phrase.