



How Can I Reach the Bell?

Move a light scarf aside and reach for the ringing bell beneath it.

Helps Your Child Grow



Reasoning and Problem-Solving

Trying more than one action to move the scarf and find the bell gives your baby early experience changing their approach to solve a simple problem.

Steps

- Lay your baby on their back and sit beside them. Shake a bell within view: “Listen - what is that sound?”
- When your baby notices it, hold the lower part of the bell where they can reach it over their chest. Cover the bell with a light scarf, keep shaking it, and say, “The bell is hiding.”
- If your baby waves or grasps at the scarf, move it slightly so part of the bell appears: “Look - the bell is here.”
- If the first attempt does not work, lift one corner of the scarf or point toward the bell and wait for another try.
- If your baby does not move yet, guide their hand through pushing the scarf aside and touching the bell.
- When your baby reaches it, smile and say, “You found the bell!” Then let them hold, touch, and shake it.

Tips

- Keep the bell over your baby’s chest at a distance they can see and reach.
- After a missed reach, wait a few seconds before helping so your baby has time to adjust the movement.

Observations

- ☐ Uses more than one movement to find the ringing bell
- ☐ Moves their arms or legs to make contact with the bell