Turn Toward the Sound

Call your baby from different directions and encourage your baby to respond.

Helps Your Child Grow



Gross Motor

Turning toward your voice from different directions gives your baby practice controlling head movement in relation to sounds around them.

Steps

- Lay your baby comfortably on the bed. Mom moves close and softly calls your baby's name to attract their attention.
- When your baby turns toward her voice, Mom responds warmly: "You found Mom!"
- Next, Dad calls from the other side and waits to see whether your baby turns their head toward his voice.
- Like a gentle game of hide-and-seek, Mom can quietly move to a new position and call again, inviting your baby to find where the sound is coming from.
- Pause after each call and try a few different playful sounds.

Tips

- Try this little interaction during everyday routines too. Before a diaper change or feeding, softly call your baby's name or say a few words and see whether they turn toward you.

Observations

- ○ Hears your voice and turns their head toward the sound
- ○ Listens closely to where the sound is coming from